

Psalm 141:1-5

O LORD, I am calling to you. Please hurry! Listen when I cry to you for help! ²Accept my prayer as incense offered to you, and my upraised hands as an evening offering.

³Take control of what I say, O LORD, and guard my lips. ⁴Don't let me drift toward evil or take part in acts of wickedness. Don't let me share in the delicacies of those who do wrong.

⁵Let the godly strike me! It will be a kindness! If they correct me, it is soothing medicine. Don't let me refuse it.

Philippians 1:7-11

⁷So it is right that I should feel as I do about all of you, for you have a special place in my heart. You share with me the special favor of God, both in my imprisonment and in defending and confirming the truth of the Good News. ⁸God knows how much I love you and long for you with the tender compassion of Christ Jesus. ⁹I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding. ¹⁰For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ's return. ¹¹May you always be filled with the fruit of your salvation—the righteous character produced in your life by Jesus Christ — for this will bring much glory and praise to God.